FOR IMMEDIATE RELEASE

Contact: Robin Kellogg, 919-788-0801, rkelloogg@naminc.org
        Megan Fazekas-King, 919-788-0801, mfazekas-king@naminc.org

NAMI North Carolina celebrated its eleventh annual NAMIWalks to raise awareness for mental illness

RALEIGH, NC (May 2, 2015) – The National Alliance on Mental Illness North Carolina (NAMI NC) held its eleventh annual NAMIWalks on Saturday, May 2 at Dorothea Dix Campus in Raleigh. NAMIWalks is a 2.3 mile walk to raise awareness and support for North Carolinians living with mental illness. Proceeds from the walk will be used for critical mental health programs, education, support and advocacy.

This year’s NAMIWalks brought together over 1,400 mental health consumers, family members and friends, volunteers, mental health professionals, and private and corporate sponsors from across the state. The walk, which began at 10 a.m., included family fun, featuring bounce houses, prizes, corn hole, refreshments, music, and more.

“One in five Americans are affected by mental illness and one in 20 adults experience a serious mental illness in a given year. We know that mental illness can substantially interfere with or limit day-to-day life,” said Jack Register, MSW, Executive Director of NAMI NC.

“NAMIWalks brings the community together to raise awareness that recovery is possible and treatments work, and to raise support for vital services. It is time to focus on the need for an improved mental health system, which recognizes signs of mental illness and provides quick access to services.”

NAMIWalks fundraising efforts will continue through June—it’s not too late to raise money for this important cause. To register, visit namiwalks.org/northcarolina. For more information call 919-788-0801 or email Robin Kellogg at rkelloogg@naminc.org.

About NAMI North Carolina
For over 30 years, NAMI North Carolina has provided free support groups, education programs, and advocacy efforts throughout North Carolina. NAMI NC is the state’s largest grassroots mental health organization dedicated to promoting recovery and optimizing the quality of life for those living with mental illness. Founded in 1984, NAMI NC has become North Carolina’s voice on mental illness, serving 30 local...
affiliates across North Carolina, who join together to meet the NAMI mission. For more information on programs, our advocacy efforts and the 30 affiliate organizations in North Carolina, visit our website at naminc.org.

# # #